

PS Superannuants

The Association of Public Sector Superannuants Inc.
Formerly SA Superannuants
Established 1927

Welcome to Martin Howard, Ferntree Gully Rotarian





W 25 June 2025 APSS Victoria Branch

My Journey with Rotary and our work in supporting young Australians.

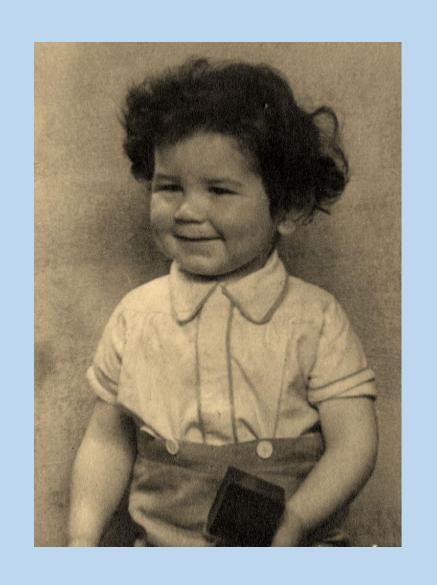
Themes of my presentation

- -My own "journey"
- -Friendships from working with others
- -Retirement, activities, interests
- -Rotary and its youth programs
- We can all make a difference!

"Martin's meanderings"

- -Some life experiences
- Travelogue some favourite places
- Rotary and its youth programs
- How we can contribute and make a difference

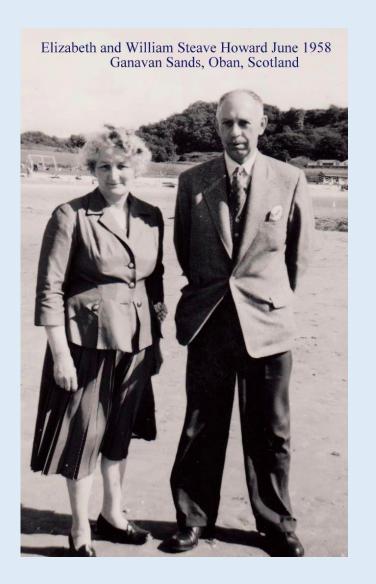
Happy days!





My family (1) "B.M." 1930's (2) Scotland 1958





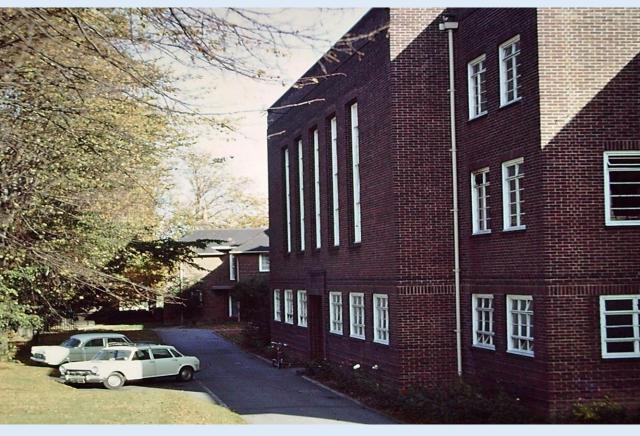
My home town – Dartford, Kent



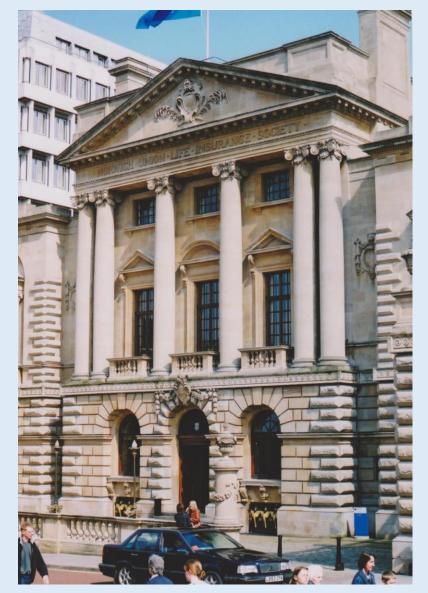


Brent School, Dartford and Gravesend Grammar School





First workplace – Norwich





My long-term friends

- Mostly people I or my wife have worked with:
 - In workplaces Norwich, Wellington, Melbourne, Ferntree Gully
 - Kindergarten or school committees
 - In voluntary organisations (YHA, Jaycees, Toastmasters, Rotary, U3A)

Mentors, then friends over 50 years





Second workplace – second country (NZ)





(Art Deco) Prudential Building, Wellington

YHANZ (Youth Hostels Association) trip 1966

YHA 1966 and Jaycees 1966

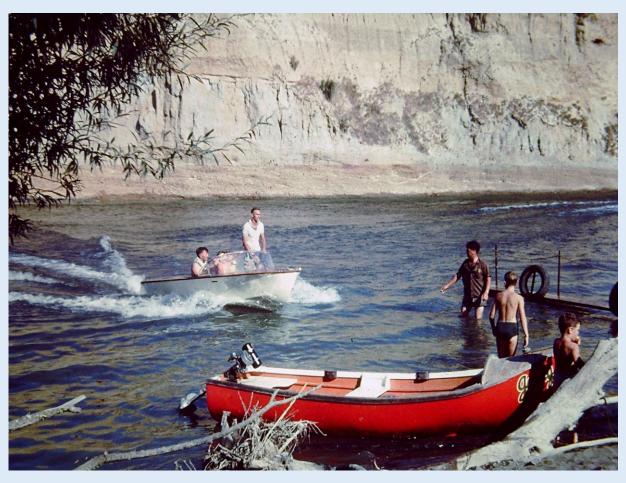
- YHA many friends NZ, Australia, UK.
- Met Joan married 1969
- Gave a Jaycee ("big Australian") a ride then I joined Jaycees!

Jaycees (previously Junior Chamber of Commerce)

- Service organisation peaked 1960's
- "Service, Education, Fellowship, Action"
- Excellent community work and education
- Similar philosophy to Rotary, Lions.
- Many new friends.

Wellington Jaycees 1966-73





Some Jaycees' projects

- Organised IHC door-to-door collection
- UNICEF Gala evening 1967
- Computer management game
- Defensive Driving
- National conferences –1500 delegates

Wedding 1969 – spot the Rotarians (1)



Toastmasters 1972-2002

- A Jaycee friend introduced me
- Member in NZ, then Australia
- Theme communication
- "Better listening, thinking, speaking"
- Positive feedback

Toastmasters 1972-2002

- Education
- Communication
- Leadership training
- Public courses too

Toastmaster friend Lawrie – NZ and Finland





NZ - Golden wedding 2019



Geoff Hughes, Barbara, Nigel Cousins, Philip Worts, Sue Worts, Carolyn Howard, Alan Raven (sitting), Martin Howard, Ian Garrett, Margaret Garrett, Jenny Raven, Joan Howard, Lawrie Crighton, Ann Cousins, Carole Haigh

NZ – spot the Rotarians (2)



Mt Taranaki, New Plymouth

Wellington, Tulip time





NZ South Island





Queenstown

Milford Sound

Work after Prudential in NZ

Colonial Mutual, NZ and Australia
IT companies NZ and Australia
Moved to Australia 1984 and 1989
Swinburne University - teacher and coordinator
Swinburne friend introduced me to Rotary

Australia



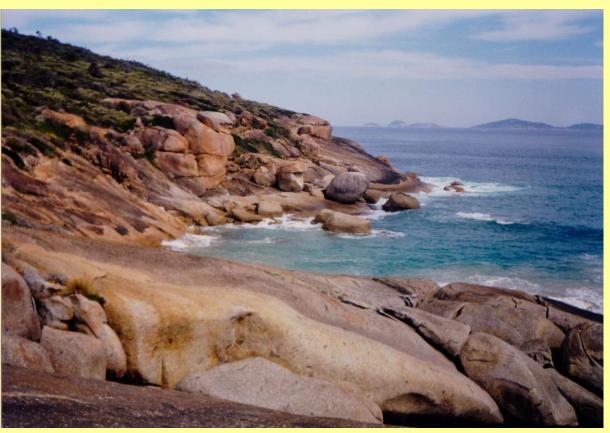


Lunch guest - NSW

Begonias – Ballarat Gardens

Victoria





Jells Park, Glen Waverley

Wilson's Promontory

ROTARY facts - founded 1905



- Service club registered charity
- •1.2 million members internationally
- •36,000 clubs, 528 Districts
- •22,500 members in Australia
- •975 clubs, 21 Districts

Our Rotary District 9815



- Melbourne City, then as far as:
- Sorrento on Peninsular
- Bounded by Hampton, Manningham,
 Warrandyte, Healesville,
 Maffra, Orbost, coast to Phillip Island

Rotary – I joined 2022



About opportunity -

- contribute to community
- much personal satisfaction
- •new experiences, new friends
- variety of activity

Rotary "Changeover" Dinner & ukuleles



ROTARY - my own club's activities



Community – projects and donations
International – water projects, cleft palate surgery
Fundraising – mainly famous "sausage sizzles"
Fellowship – regular meetings, guest speakers, fun!
Youth – several programs

Rotary – Fern Tree Gully club



Helping Salvos at Christmas

Telling Rotary story – FM Radio

Rotary – focusing on youth (see handout)

Rotary believes in developing the next generation of leaders
Our programs help young leaders build leadership skills, expand education and learn the value of service.

Rotary Speech Contests

Students are required to present a 3-minute speech from a list of predetermined topics judged by Toastmasters International advisers connected with Rotary Clubs. This program is designed to promote the art of public speaking and bring forward the creative thinking of the participants.

Open to upper primary school and senior school students

Rotary District 9815

Youth Speech Contest

Interact

Interact is a service club for young people ages 12-18 who are passionate about making a difference while learning about the world and themselves.

Rotary Youth Driver Awareness

RYDA is a series of practical and powerful workshops aimed to change the way young people think about road safety for 16-18 year olds

Rotary Junior Community Awards

Rotary Junior Community Awards is a non-competitive award for Year six students designed to encourage them to become better involved in their community.

Earlyact

Earlyact is a school wide club for primary school students, nurturing the ideal of 'Community Service' and is usually overseen by Years 5/6 students.





Earlyact (

District 9815



Rotaract :

District 9815



District 9815

Rotary creating opportunities for the youth of today to become the leaders of tomorrow

Model United Nations Assembly

The Model United Nations Assembly (MUNA) was established in Australia in 1980 and is designed to simulate the working of the United Nations General Assembly. Open to Years 10 - 12

National Youth Science Forum

The **National Youth Science Forum** is a two-week conference in either Canberra or Brisbane in January each year for Year 11 and Year 12 students with a passion for science.

Rotary Youth Leadership Awards

The Rotary Youth Leadership Awards (RYLA) is a transformational leadership conference open to 18 to 30-year-olds looking to develop their leadership potential, build lasting connections and gain new insights and experiences.

Rotaract

Rotaract Clubs offer 18+ year-olds opportunities for personal growth through service. The Rotaract motto is "Help, Learn, Enjoy": members help those in need; learn through professional development opportunities, and enjoy social activities.

Ferntree Gully club's youth programs (1)

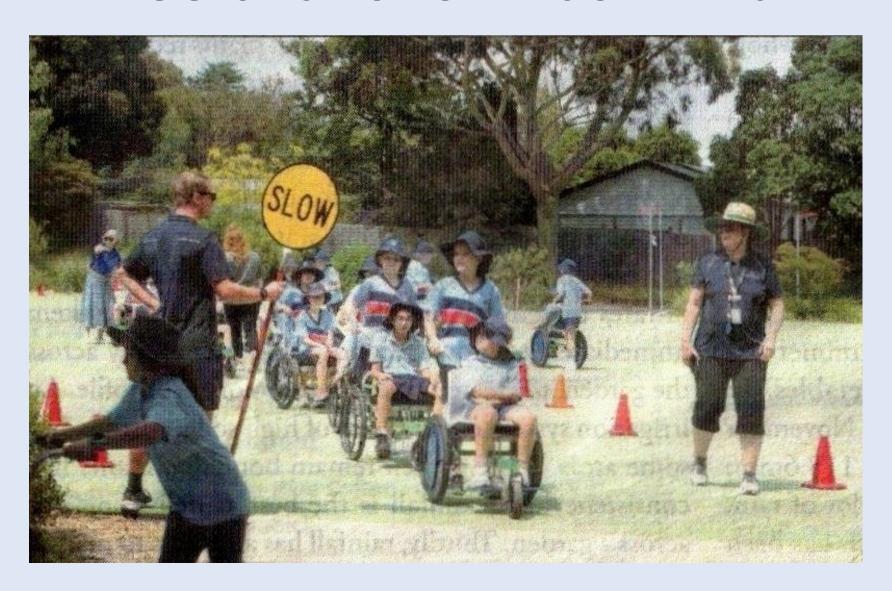
Young Citizens Development Award

- FTG North Primary School.
- projects by pupils expand horizons.
- research of local organisations.
- great educationally, students' presentations.
- school and teachers great supporters

Ferntree Gully club's youth programs (2)

- "Wheelchairs for Kids" FTG North Primary
- Intro by Rotarian Russell Hayes
- -\$6,000 for disabled children.
- built in WA by volunteers.
- 23 wheelchairs to Somalia changed lives!

"Wheelchairs for kids" - Fun!



"Wheelchairs for Kids"

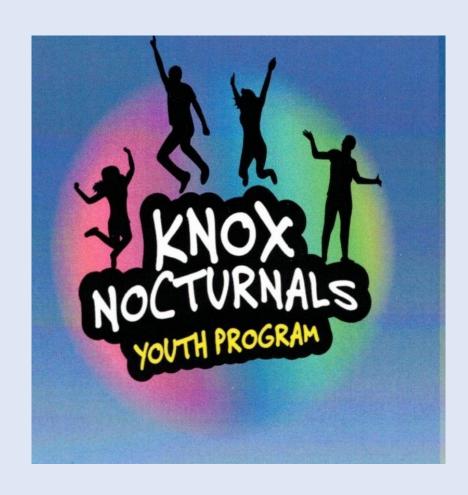
Brother Thomas Oliver Pickett AM, a co-founder in 1996
Senior Australian of the Year 2025



Ferntree Gully club's youth programs (3)



"Knox Nocturnals" youth (12-18) program
Objective – activity for Knox youth
Especially for marginalised, disadvantaged
Youth workers lead evening sessions
Games, life skills, music, meal, friends







Ferntree Gully club's youth programs (4)

- RYLA a main topic of presentation
- Club sponsors young person(s) yearly
- •\$1,650 cost per participant
- 2025 RYLA on Phillip Island
- Run by Rotary District

RYLA – Rotary Youth Leadership Award

- Residential leadership program ages 18-30
- Rotary club sponsors participants
- Develop leadership skills (including public speaking)
- Program organised, led by previous year's participants

RYLA 2019 at Rawson, Gippsland



RYLA 2019 – the organising group

2018 participants organised & led 2019 event.

3 Rotarians assisted, guided when needed.



RYLA activities

- Group activities and projects
- Guest speakers
- Action learning (e.g. tree planting)
- Outdoor activities
- Fun and new friendships

RYLA outdoor activity

"Challenge by choice" – a challenging climb



Another challenging outdoor activity!



RYLA 2019 – certificate presentation



RYLA 2023 at Flinders – group presentation



After RYLA

 Participants attend club as guest speaker – tell of their experience

 Participants encouraged to maintain contact with their fellow attendees

Final topic – US!

- •Us and retirement what now?
- •What can we contribute?
- •So much life experience!
- How to make a difference.

What now?

- •Busy! Have we really retired?
- Many interests do you enjoy:-
 - -Photography, music, stamps?
 - Family history, travel, gardening?
 - -Meeting and working with community?

Community organisations

- Many opportunities, many organisations
- Knox's Volunteer Expo 600 attended
- New friendships
- Keeps us active
- Good for health

How to contribute

- So many organisations want help:
- -Church and community groups including:
- -Salvos
- -Vinnies
- -Charities
- -Casual work!

Or....

- -Learn something new piano, ukulele
- -U3A (Uni of the third age)
- Visit the lonely or infirm
- Probus, TOSA, Travel, Toastmasters
- -Infinite possibilities!

Finally – a "commercial"

- •If you're not busy, and even if you are!
- Consider joining a local organization.
- And help change lives.
- Perhaps visit your local Rotary club!



See if Rotary is for you!

- •members aged 18-98! Varied backgrounds.
- no restrictions on gender, ethnicity, race, nation, religion, occupation
- great guest speakers





You will be welcome at Rotary.

THANK YOU for coming today.





Presentation by Peter Baker, our IT Guru

W 25 June 2025 APSS Victoria Branch



IT Topics

Maintaining Your IT Literacy
Be Connected Introduction
Back up iPhone or Android to Cloud
Presenter Peter Baker

Maintain your IT Literacy

- IT as part of daily living Use it or lose it.
- Buy tools/brands family and friends use for local support
- Smartphones are common tools, Tablets for news, photos, Browsing
 - Buy name brand, above the cheapest if possible for better performance
- Use Apps with family WhatsApp, social media stay current
- Stay in one technology Android or Apple less learning
- Explore, learn Be Connected, think of keywords and search
- Use PC and Microsoft Office if you have that historical skillset.









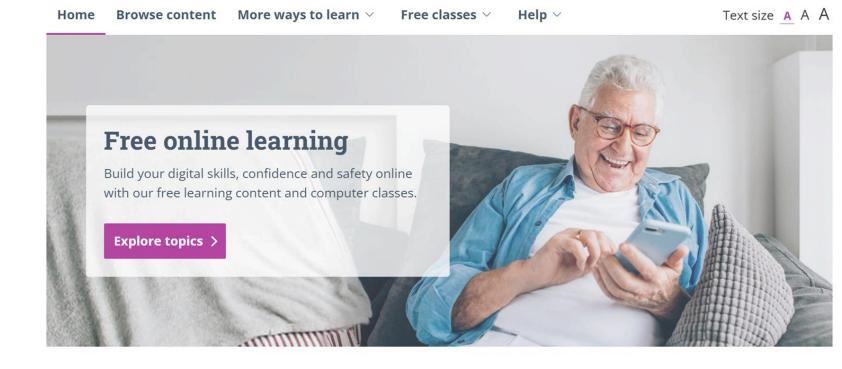
Be Connected Introduction

 https://beconnecte d.esafety.gov.au/





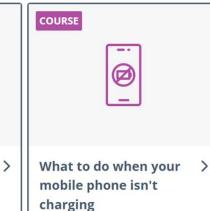
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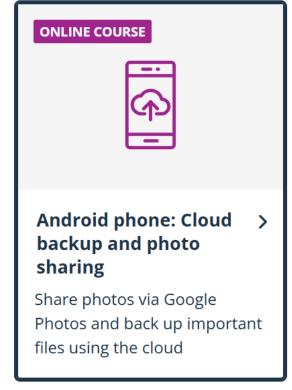


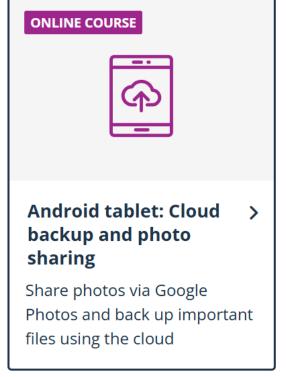


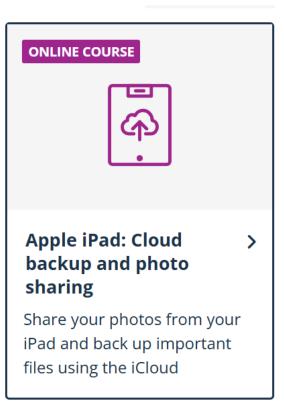




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Your suggestions for future presentations

Membership questions

Website viewing

Your questions

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